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# **The Southern Italian Table Authentic Tastes From Traditional Kitchens**

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antipasti (appetizers) to dolci (sweets), and written for the American home cook. With beautiful full-color photography, easy-to-find ingredients, and headnotes and sidebars that put the recipes in historical and cultural context, Arthur Schwartz's new cookbook will become a dog-eared favorite and a friendly guide to la vita italiana.

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Southern Italian  
food from bruschetta  
and tomato sauce to  
spaghetti and  
meatballs is the most  
talked about and home  
cooked food in  
America. And the  
area's sleepy hill towns  
and rocky coastlines  
have become "it"  
destinations for in-the-  
know foodies and  
travelers from all over

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In The Southern Italian Table: Authentic Tastes from Traditional Kitchens, Schwartz takes American home cooks along for his incredible journey, down country roads and city streets,



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savoring the flavors of Italy and its culinary history. In Naples, we learn the trick to preparing thick spaghetti in a sauce with an array of unexpected ingredients that everyone has in their pantry.

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from The Southern  
Italian Table: Authentic  
Tastes from Traditional  
Kitchens The Southern  
Italian Table by Arthur  
Schwartz Categories:  
Soups; Italian; Vegan;  
Vegetarian Ingredients:  
mixed dried beans;  
lentils; dried split  
skinned fava beans;  
dried kidney beans;  
dried lima beans; dried

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cannellini beans; dried beans of your choice; dried chestnuts; carrots; celery; onions; spinach; fennel seeds

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agriturismi, who come from all over Europe and North America, indulge in such delights as colourful inexperienced olive oil fresh from the ...

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Minestra e  
Zuppe/Soups -- Sugo e  
Ragú/Tomato sauces  
and ragú -- Pasta and  
Risotto -- Formaggio e  
Uova/Cheese and eggs  
-- Pesce e Frutti di  
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Italian Farmer's Table:  
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Local Lore from  
Tuscany to Sicily The  
Southern Italian  
Farmer's Table by  
Matthew Scialabba and  
Melissa Pellegrino.  
Categories: Pasta,  
baked; Main course;  
Italian ...

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recipes from more than  
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provide room and board to travelers and offer cuisine that epitomizes the farm-fresh movement underway in the United States, the United Kingdom, and beyond.

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