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7 Kata Study | Goju-ryu | Meitetsu Yagi Especially, If you're black belt holder, please watch this video.

Gekisai1&2, Saifa, Shisochin, Sanseiru, Seisan, Seipai

□□□□ ...

Goju-ryu kata - Gekisai-dai-ichi

Gekisai-dai-ichi by Morio Higaonna sensei _____ <http://www.iogkf.kiev.ua/>
Facebook: ...

13 Okinawa Goju Ryu Kata Edit: We have added timestamps below so that you may go directly to the **kata** of your choice. In 1997 I visited the Jundokan dojo ...

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**All 12 Goju-Ryu Kata with Bunkai by
Morio Higaonna**

**GOJU-RYU SEIYUNCHIN KATA by
MORIO HIGAONNA** Seiyunchin

"Control, Suppress and Pull" The name
Seiunchin implies the use of techniques
to off balance, throw and grapple.

Goju ryu kata. Gekisai dai ni The
second **kata** of Okinawa **Goju Ryu**
karate-do. Performed by Morio Higaonna
sensei. <http://www.iogkf.kiev.ua/>
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**Saifa _ Goju Ryu Karate - Tetsuya
Furukawa**

Seiyunchin kata Goju ryu JKF
Goju-kai (japanese **goju ryu**)

**GOJU-RYU SANCHIN KATA by MORIO
HIGAONNA** Sanchin "Three Battles or
Conflicts" Sanchin translates as "3
Battles" or "3 Conflicts". This has many
meanings. First it refers to the ...

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Kata Tensho Goju-Ryu Morio Higaonna Sensei, 10 Dan. International Okinawan **Goju-Ryu** Karate-do Federation. **Kata Tensho**. Okinawa, 2007.

Goju ryu kata. Saifa The third **kata** of Okinawa **Goju Ryu** karate-do. Performed by Morio Higaonna sensei _____ <http://www.iogkf.kiev.ua/>
Facebook: ...

Goju Ryu basics 基本 型 JKF Goju-Ryu Karate Goju-Kai (Japanese lineage) Warm Up, stances, basic, uke training, kata gekisai 1

Goju ryu kata Shisochin Goju ryu kata. Shisochin. Performed by Morio Higaonna sensei. <http://www.iogkf.kiev.ua/> Facebook: ...

Kata SEIENCHIN by Antonio Diaz - 21st WKF World Karate Championships The **kata** SEIENCHIN performed by Antonio Diaz (VEN) at the 21st World **Karate** Championships in

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Paris, France. He placed first.

All Goju Ryu Kata Yoshio Kuba 10 Dan

Goju ryu kata. Sanseiru. Bunkai

Bunkai of Sanseiru **kata**. Performed by Morio Higaonna sensei. ___

<http://www.iogkf.kiev.ua/> Facebook: ...

Goju-Ryu Okinawan Karate | Tetsuhiro Hokama Sensei (10th dan)

| Season 3 Episode 3 An exclusive video interview with 10th dan Goju-Ryu Karate legend, Tetsuhiro Hokama Sensei, filmed inside Hokama Sensei's ...

Tradition VS Competition | Goju-ryu KATA | 空手VS柔道 | 空手道 | Meitetsu Yagi

| 空手道VS柔道 Let's compare those and find the difference!!

空手道VS柔道

Goju-ryu Meibu-kan headquarters ...

Okinawan Goju-Ryu Karate-do

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Katas, Higaonna Sensei Katas:

Sanchin (0:15) Sanchin Training (2:14)

Gekisai Dai-ichi (4:20) Gekisai Dai-ni

(7:07) Saifa (8:18) Seiyunchin (10:28) ...

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